

## Groups

### For Parents

*EPIC – Parent Support & Education Hackensack*  
Contact for dates/times  
241 Main Street, Suite 600, Hackensack NJ  
(201) 740-7110

*EPIC – Parent Support & Education Paramus*  
Contact for dates/times  
240 Frisch Court, Paramus, NJ  
(201) 740-7110

*Mental Health Support Group*  
1<sup>st</sup> Thursday of Each Month / 7-8:30pm  
327 Ridgewood Ave, Paramus, NJ  
(201) 635-9595

*Parents of Children with Behavioral Challenges*  
Every other Monday / 11:15am – 1:00pm  
1 Cherry Lane, Ramsey, NJ  
(201) 444-3550

*Parents of Children Impacted By Addiction*  
Tuesdays / 7:30pm  
14 Hope Street, Ridgewood, NJ  
(800) 867-2332

*Parents, Families, Friends of Lesbians and Gays  
(PFLAG)*  
3<sup>rd</sup> Tuesday of Each Month / 8-10pm  
56 Ridgewood Road, Westwood, NJ  
info@BergenPFLAG.org

### For Students

*ALLIES – LGBTQ Wellness and Support Group*  
Wednesdays / 6-7pm (must go for screening first)  
610 Valley Health Plaza, Paramus, NJ  
(201) 797-2660 x 337

*Educational Support Group for Victims of Bullying*  
Fridays / 5pm  
375 Main Street, Suite 201, Hackensack, NJ  
(973) 749-2009

*Freedom from Anxiety*  
Mondays / 5:30-7pm  
17-07 Romaine Street, Fair Lawn, NJ  
(201) 986-5000

*Girl Talk – Self-Esteem and Wellness*  
Contact for dates/times  
294 Harrington Avenue, Closter, NJ  
(201) 485-6181

*School Presence – 12 Week Program*  
Contact for dates/times  
17-07 Romaine Street, Fair Lawn, NJ  
(201) 797-2660 x 144

*Social Skills – 10 Session Program*  
Contact for dates/times  
17-07 Romaine Street, Fair Lawn, NJ  
(201) 797-2660 x 144

*Teen Boys Group*  
Mondays / 6-7pm  
1 Cherry Lane, Ramsey, NJ 07430  
(201) 444-3550 x 7144